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Lung cancer remains the leading cause of cancer death among men and women in the United States. The primary issue in the care of patients who have non–small-cell lung cancer is a determination of the stage of their disease. Several imaging techniques are available to help inform the determination of a patient's stage, including CT, positron emission tomography, bone scintigraphy, and MRI. This article reviews these imaging techniques and their indications for use based on current guidelines of clinical practice.

Imaging of Pleural and Chest Wall Tumors

Michael J. Weyant and Raja M. Flores

Pleural and chest wall tumors encompass the relative minority of thoracic tumors. Advances in radiographic imaging modalities have allowed more accurate evaluation of staging and resectability of these tumors. CT and MRI appear to be relatively equal in determining resectability and extent of invasion. Newer imaging modalities such as 18-flouro-deoxyglucose (FDG-PET) scanning appear to be most helpful in excluding the presence of extrathoracic metastasis before surgical resection.

Imaging of the Mediastinum: Applications for Thoracic Surgery Dorith Shaham, Maria G. Skilakaki, and Orly Goitein

A wide variety of imaging modalities are available for evaluating the mediastinum, including plain radiography, CT, MRI, ultrasonography, and radionuclide imaging. CT is the imaging modality of choice for evaluating a suspected mediastinal mass or a widened mediastinum; it provides the most useful information for diagnosis, planning of treatment, and evaluation of postoperative complications.

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State-of-the-Art Screening for Lung Cancer (Part 1): The Chest Radiograph Matthew Freedman

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The chest radiographic methods used in prior studies of lung cancer screening and in current prospective clinical trials of lung cancer screening do not incorporate, as part of their prospective design, the newer methods available for the detection of lung nodules. Digital radiography, image processing, energy subtraction, and computer-aided detection have been shown to enhance lung nodule detection. Temporal subtraction is a promising method but with less supporting data currently available. These techniques, alone or in combination, do not equal the nodule detection capability of lung CT, but they are likely to benefit patients having chest radiographs for other clinically indicated purposes and when the detection of a nodule is incidental to the clinical indication for the radiographic study.

State-of-the-Art Screening for Lung Cancer (Part 2): CT Scanning

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David Yankelevitz and Claudia I. Henschke

There have been dramatic improvements in technology in the past decade. In conjunction there have also been advances in our clinical knowledge that have led to changes in the screening regimen. These changes are expected to continue in the future as CT scanners continue to improve and knowledge about screening accumulates, and computer-assisted techniques are expected to play an ever more important role. This dynamic process will lead to continued improvements in the diagnostic distribution of lung cancers detected under CT screening.

Imaging for Esophageal Tumors

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Robert J. Korst and Nasser K. Altorki

The treatment of malignant tumors of the esophagus is stage-dependent, making accurate tumor staging of paramount importance. In this regard, imaging modalities play an integral role in the staging of these lesions and are used to help determine the extent of locoregional and distant disease. The accuracy of imaging for esophageal neoplasms is far from perfect, however, with most suspicious lesions requiring biopsy for definitive staging. The role of imaging techniques in the evaluation of esophageal tumors continues to evolve and has recently begun to include assessment of the response to therapy.

Fluorescent Bronchoscopy

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Sebastien Gilbert, James D. Luketich, and Neil A. Christie

Detection of clinically occult lung neoplasms may represent an opportunity for early curative intervention. Fluorescent bronchoscopy is a sensitive technique for detecting early endobronchial tumors that may be combined with CT scanning as part of a comprehensive lung cancer screening program. Identification and longitudinal follow-up of dysplastic endobronchial changes with fluorescent bronchoscopy should facilitate studies of chemoprevention and further knowledge regarding the natural history of these lesions. Analysis of bronchial epithelium with novel techniques such as genomic hybridization and gene expression arrays might provide even better predictors of progression of dysplastic endobronchial lesions.

Virtual Bronchoscopy for Evaluation of Airway Disease

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Steven E. Finkelstein, Ronald M. Summers, Dao M. Nguyen, and David S. Schrump

Virtual bronchoscopy (VB) is a novel modality for imaging airway anatomy that appears to be highly useful for evaluation of airway anatomy due to endoluminal turmors or

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extrinsic compression. This modality is presently not reliable for evaluation of the mucosal surface of the respiratory tract. Although form can be detected, mucosal color, irregularity, or friability cannot be assessed. As such, VB cannot be used for routine surveillance of patients at high risk of developing airway malignancies. The development of novel aerosolized contrast agents or spectroscopic techniques that can discriminate benign versus malignant mucosal tissues might enhance the sensitivity and specificity of VB for the detection of preinvasive cancers within the respiratory tract.

Chromoendoscopy and Magnification Endoscopy for Diagnosing Esophageal Cancer and Dysplasia

Michael J. Connor and Prateek Sharma

Two primary subtypes of esophageal carcinoma are commonly seen in the esophagus: squamous cell carcinoma and adenocarcinoma. Currently, the diagnosis of metaplastic and dysplastic mucosa within the esophagus requires endoscopy with biopsy of abnormal-appearing tissue. Current practices of performing standard endoscopy with random biopsies are inaccurate. Magnification and chromoendoscopy are among several tools used in the esophagus to improve detection of squamous cell dysplasia/cancer, Barrett's esophagus, and associated dysplasia. Current studies show that these techniques are promising, although the results are still preliminary. These techniques will hopefully improve detection rates, decrease the number of biopsies required, and ultimately provide a real-time diagnosis.

Radionuclide Imaging of Thoracic Malignancies

Stanley J. Goldsmith, Lale A. Kostakoglu, Serge Somrov, and Christopher J. Palestro

Over the past decade a variety nuclear medicine imaging studies have become available that are of considerable value to patients who have pulmonary malignancies. By far the greatest impact on the management of patients who have thoracic malignancy has been the availability of 18-flouro-deoxyglucose (18FDG-PET) imaging. In the patient who has newly diagnosed lung carcinoma, 18FDG-PET improves the accuracy of staging the disease by identifying or excluding mediastinal disease and distant metastatic foci. 18FDG-PET is superior to anatomic methods for evaluating the response to therapy and for distinguishing recurrent disease from posttreatment changes. Studies are in progress to evaluate the role of 18FDG-PET imaging in assessing prognosis.

Imaging of Acute Pulmonary Emboli

Arfa Khan, Aaron Darius Cann, and Rakesh D. Shah

Pulmonary embolism (PE) is a significant cause of morbidity and mortality after surgical procedures. Early diagnosis and prompt, effective management of this condition present considerable clinical challenges to surgeons. Imaging studies form the mainstay of diagnosis of PE and include plain radiography, ventilation—perfusion scan, venography, echocardiography, catheter pulmonary angiogram, CT pulmonary angiogram, and MR pulmonary angiogram. Each imaging modality has a role in the diagnosis of PE.

Computer-Aided Diagnostics

Anthony P. Reeves and Bryan M. Kressler

This article reviews the role of the computer in assisting physicians in interpreting CT images of the lungs. Four primary computer functions are considered: visualization, detection, characterization and diagnosis, and whole-lung documentation and health

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evaluation. Computer-aided methods are emerging to aid the radiologist in the tasks of disease detection and diagnosis. Such methods might also be suitable to aid the surgeon in preoperative planning, the surgical operation, and postsurgical evaluation.

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Future Generation CT Imaging

Deborah Walter, Bruno De Man, Maria Iatrou, and Peter M. Edic

The article outlines some of the recent technological advances that will drive future CT evolution and describes the recently enabled applications and trends in thoracic imaging. Future technological developments in CT imaging will result in improvements in spatial resolution, coverage, temporal resolution, and dose reduction. The key to realizing this potential is to combine improved imaging capability with advanced computer-assisted tools, which will expand the usefulness of CT imaging in many areas. This article discusses examples of state-of-the-art and emerging clinical application using CT in the areas of lung cancer, chronic obstructive pulmonary disease, pulmonary embolism, and interventional procedures.

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